



SPINNING YOUR WHEELS

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CASE STUDY

What do you do when everything you're doing seems to conflict with getting you where you want to be? I'm currently working with a great leader who owns a second generation company in that exact situation.

She wants more balance in her life, more control on how and where she spends her time, but every time she thinks about how she could achieve this, she imagines having to sell her business which is just not an option, and the cycle continues.

- She is struggling to fill shifts due to the pandemic and fulfill orders due to supply chain constraints.
- She wants her COO to groom her son but who is resistant as he wants his own chance at being president.
- Her daughter's complicated pregnancy has her feeling worried and torn...
- She has her own health risks.
- And there are a dozen other situations that need her undivided attention.

She wants things to change. So far in our work, she realized that trying to solve one set of problems at a time has not gotten her ahead. She cannot work in a vacuum any longer. She also feels surprisingly great about bringing her husband into this process.

As a result, she now sees how valuable his perspective is to the business, their family and their legacy. Things between them have gotten stronger and that gives her new hope.

Now that she has experienced how improving one aspect of her ecosystem has a ripple effect, she is completely onboard with my process.

We start with evolving her mindset. Then design an integrated strategy which we follow to direct and improve all facets of her complex business and life to get better results faster.

This time, she is executing the changes she wants, because she can see the entire picture at once, and find solutions that solve for multiple challenges at the same time.

When you own a company, you have everything you need to achieve everything you want, although it may look and feel puzzling to you.

High Performance coaching enables you to put the pieces of your unique puzzle together. Better. Faster. For good.